



Soup Sisters and Broth Brothers are year-round programs where participants pay a \$65 registration fee to participate in a soup-making event at a local professional kitchen under the guidance of a chef facilitator. Each event produces approximately 150-200 servings of nourishing soup that are delivered fresh to a local shelter. Events are social evenings with lively conversation, chopping, laughter and warm kitchen camaraderie that culminate in a simple, sit-down supper of soup, salad, bread and wine for all participants.

We know through experience that not only do the donations of soup provide comfort and sustenance to our target populations, the monthly donations of several-hundred servings of nutritious soup cut operating costs for the recipient Emergency Shelters by 18-20%. Those freed-up resources are re-allocated to much-needed programming aimed at getting families back on their feet and focused on building a healthy and stable future.

